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*"It is very good that you have written it commencing from a beginner prospective and then utilizing your applied knowledge and learning to great effect".*

**Tony Allcock MBE**

*"A very good fiver's worth, Peter! I have already reviewed my delivery based on your advice and am enjoying good results with the added benefit of greater comfort (less back strain). The book is very clearly written and the advice throughout makes excellent sense. I think it is a reference that I will keep returning to as my playing develops".*

**Ray – Shoreham-by-Sea**

I started playing bowls at 36 years of age after my son, of 12 years, was invited to have a go at our Bowls Club in Newick, Sussex. I accompanied him the next day, had a go myself, and was hooked!

Now 34 years later I have written a book on the game which has played a large part in my life ever since, in green keeping and administration as well as playing.

My best personal achievement was becoming Sussex County Champion of Champions in 2011 and again in 2013. I have studied the game and its tactics in detail, learnt from my mistakes and have developed an approach to bowls which works for me. I describe my delivery, how I developed it, best practice methods and the tactics I have employed to succeed both in singles and team play.

The book concerns the outdoor game on grass but most of the content will also relate to the indoor game. It is firstly directed at Club bowlers who have perhaps been bowling for a couple of years or so, have learnt the basics and now seriously wish to improve their skills and maybe move up the order in the rink. It will also be useful as a refresher for the more experienced bowler who wants to reassess their game. Team managers and selectors may also draw some inspiration from the section on Team Play.

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